IJ Hutchen trombone method

BOOK TWO

Dear Student:

Congratulations! Now that you have gained experience in instrumental music, you are ready to start Book Two. With regular practice you will discover that the joy of music continues to grow, and that the satisfaction music brings you is everlasting.

Have fun with music throughout your life!

Sincerely,

Paul Effman

Jos 9/-

"Music is enough for a lifetime, but a lifetime is not enough for music."—Sergei Rachmaninov

Written by Paul Effman
Jay Friedman – Editor & Graphics
Lou & Justin Varuzzo – Photography

IJ Hutchen TROMBONE METHOD BOOK 2

Preface for Band Directors

In order for you to easily accommodate the group's level of experience, I have started Book Two with review lessons.

Review lessons include concepts from Book One. Each concept is presented numerous times through the exercises. I advise the instructor to consider how much repetition is needed. Some groups might be able to proceed without being assigned each and every exercise.

A single review lesson includes the concepts presented in two lessons from Book One.

In order to accommodate the different ranges of instruments, some of the pitches found in these exercises will not be in unison from book to book.

Since this series is designed to serve mixed groups, certain exercise lines will present new concepts that do not apply to all instruments. For example, in lesson 6, lines 1 and 5 present important notes for clarinet but these lines are not necessary for the advancement of technique on other instruments. Directors should use discretion in skipping such exercises when teaching like-instrument groups.

Thank you and good luck.

Sincerely,

Paul Effman

PRODUCING A SOUND

Creating a beautiful sound is the most important goal when playing the trombone. The French word embouchure ("ahm' boo shoor") describes the formation of your mouth. Your embouchure, along with your breath and air flow, will determine the quality of your sound.

Sit on the edge of the chair with your back straight. The weight of the trombone should be supported by your left hand only.

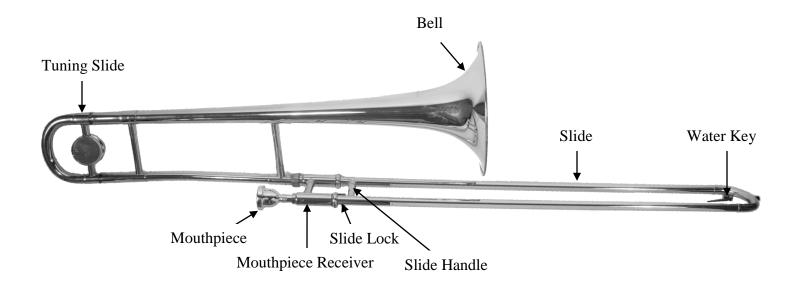
The right hand (pointer and middle finger and thumb) should hold the slide at the bottom of the slide handle. Move the slide as quickly as possible between notes.

Keep your lips together and place them in the center of the mouthpiece. Do not press the mouthpiece hard onto your lips (only hard enough to avoid air leaks).

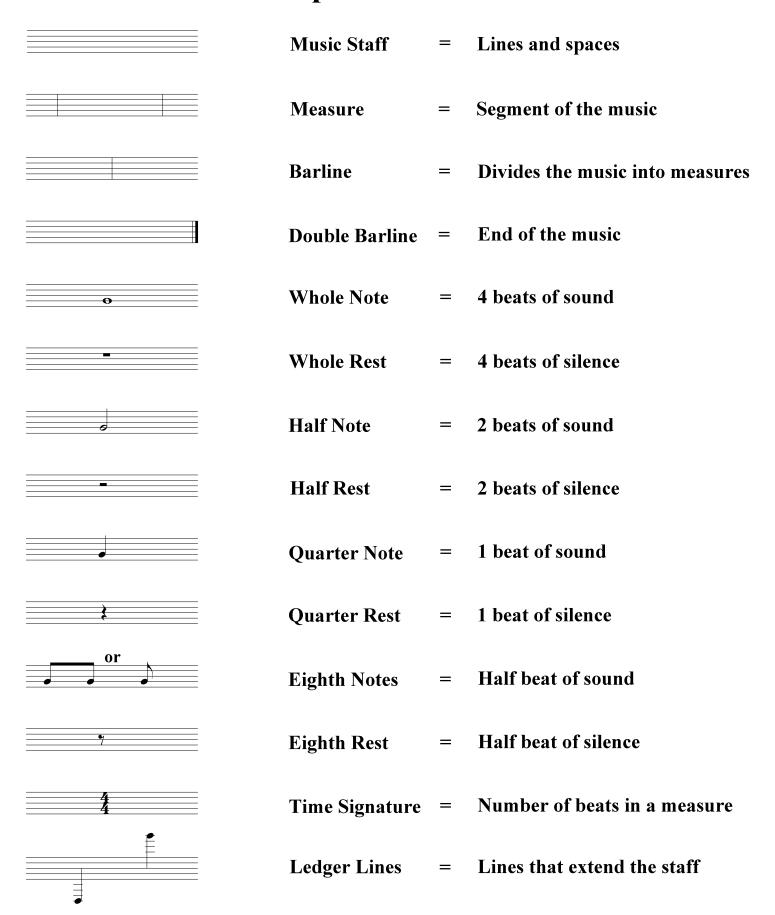
Keep the corners of your mouth firm and down.

Do not puff your cheeks.

While keeping lips firm and together blow long streams of air so that your lips vibrate. (buzz)



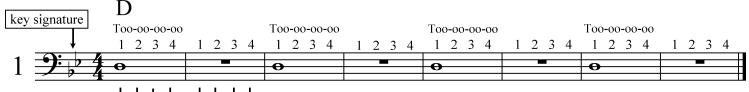
Important Terms









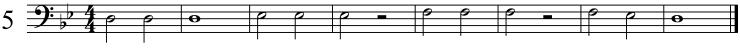




Keep tapping







Keep tonguing

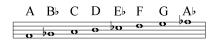


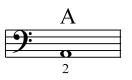


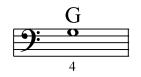


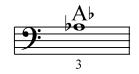














Tap your foot for the rest of the book.



Rock Beat





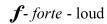
Minor Duo



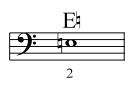
Yankee Doodle

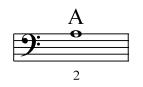


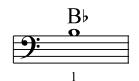


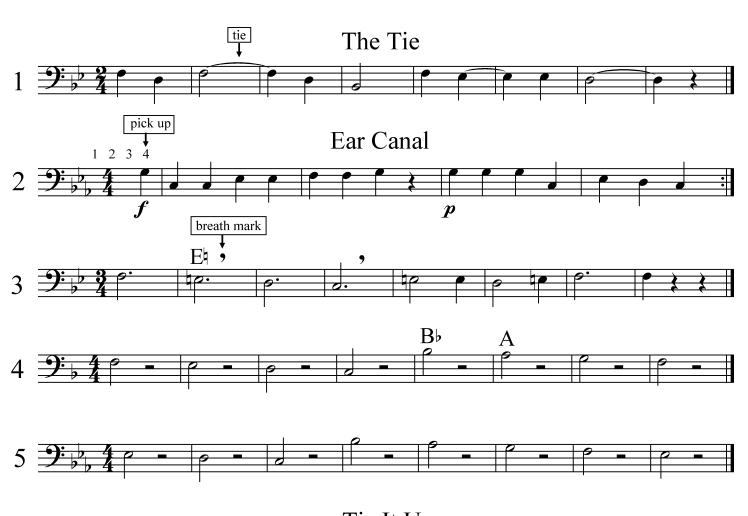


p - piano - soft

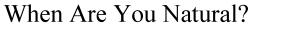






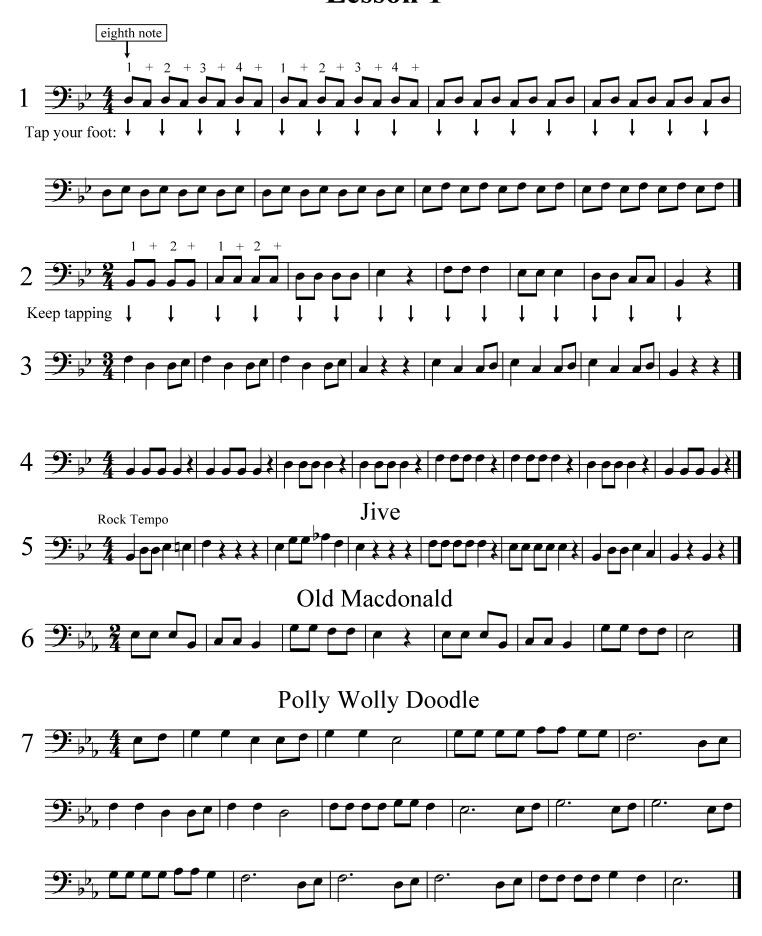
























Sometimes one note has two different names.





C ••

Lesson 5A

Supplementary Trumpet and Trombone Material

(Cannot be combined with other instruments)

Ultimately, your goal is to play high notes without playing loud and without using much mouthpiece pressure. It must sound unrestrained and be produced with a comfortable physical effort. Higher notes are the result of faster air. Your air must be moved rapidly through a smaller aperture (opening in your lips). A smaller aperture is created by setting firm lip corners and puckering the center of the lips slightly inward.

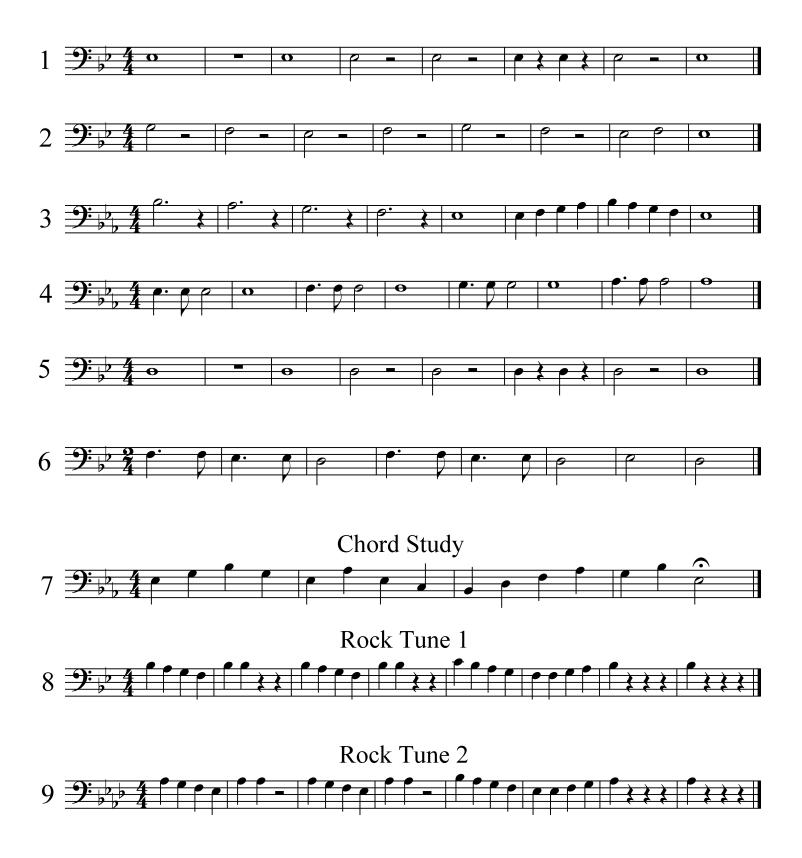
REMEMBER: • FAST AIR STREAM

- FIRM CORNERS (of the mouth)
- SMALL LIP OPENING (aperture)

"The Straw Trick"

Place the end of a plastic straw between your lips. Push your bottom lip up until the straw is elevated about 45 degrees. At first you'll probably be able to do this for about 20 seconds. The lead trombone players who can hit the upper register all day long can do it for four minutes.





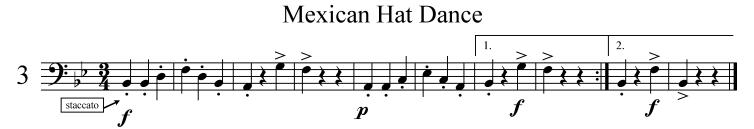


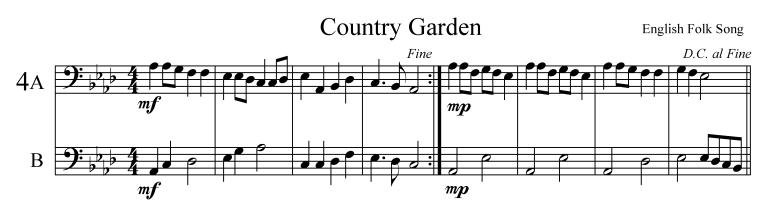
mf - mezzo forte - medium loud *mp* - mezzo piano - medium soft

accent - > emphasize the note staccato - • short and detached









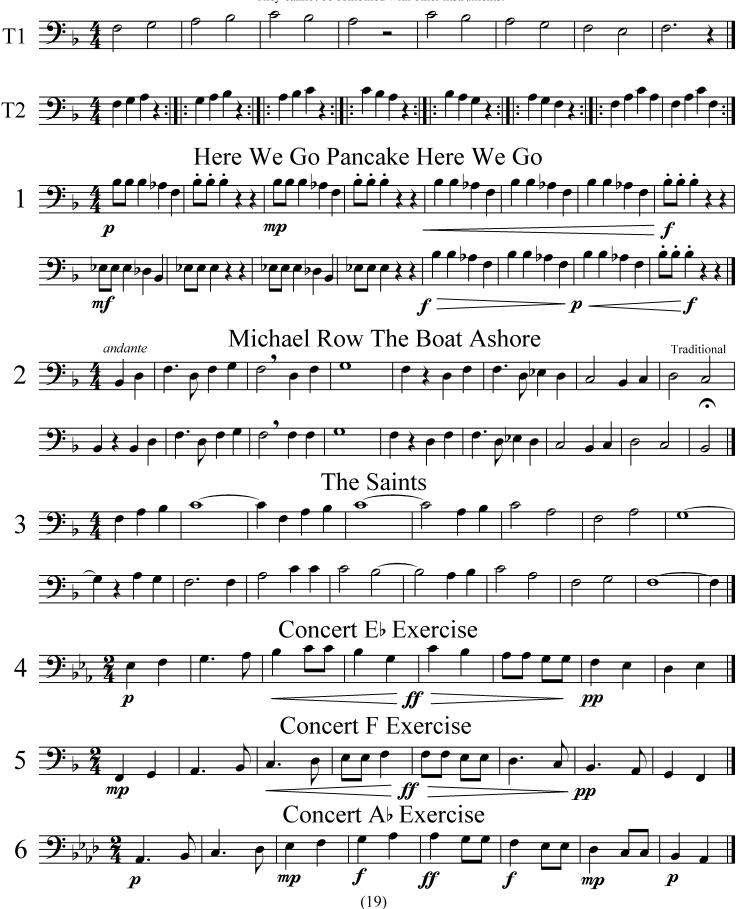
crescendo - gradually increase volume
diminuendo - gradually decrease volume

Lesson 9

 $f\!\!f$ - fortissimo - very loud

pp - pianissimo - very soft

Lines T1 and T2 are for trumpet and trombone only. They cannot be combined with other instruments.









Tenuto - hold the note for its full value









7 - eighth rest

Chromatic Exercises (1 - 3)



Lines T1 through T3 are for trombone only. They cannot be combined with other instruments.



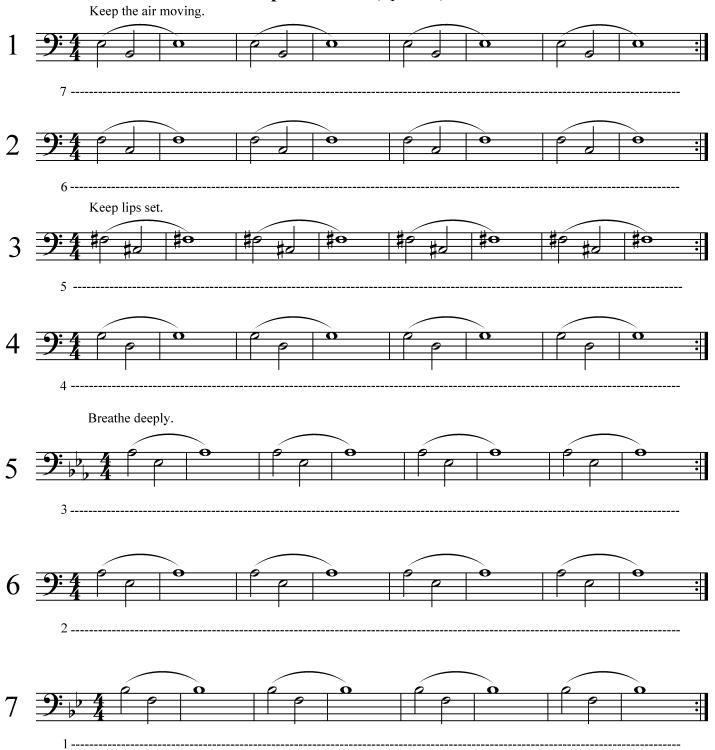
The Mustard Musette



Lesson 15A

Supplementary Trumpet and Trombone Material (Cannot be combined with other instruments)

Lip Builders (lip slurs)



Review Bb C O

Lesson 15B

Supplementary Trumpet and Trombone Material (Cannot be combined with other instruments)



BACK TO BASICS

This lesson is devoted to extending your range by playing high notes.

While performing on a brass instrument, the sound is produced by the player buzzing his or her lips into a mouthpiece. You should blow as though you are cooling soup. The mouthpiece should have 1/2 top and 1/2 bottom, or 1/3 top and 2/3 bottom lip in it. Your lips do not overlap nor do they roll in or out. The air stream traveling through the lip opening should be directed straight down the shank of the mouthpiece. I suggest that your lower jaw be protruded so that the upper and lower teeth are aligned. Individual differences in teeth structure, lip shape and size, jaw shape and other physical factors will affect whether a particular embouchure technique will be effective or not for a particular performer.

PLAYING HIGH NOTES

High notes require breath support and a firm embouchure (tightened corners of the mouth). When playing these notes, air is forced through the opening in your lips. A flow of air traveling at a faster speed is needed to play high notes. Good breathing, proper posture, and much practice will help you to play this high range. The best way to improve range is to make sure that you use your high register every day. Often in band we don't go to the top of your range, which makes it even more important that you do so at home. The exercises in this lesson should be practiced on a daily basis.





ritard - (rit.) gradually slow down tempo









Irish/Scottish Medley

P. Effman



Scales

Scales should be used as daily warm-ups. As students acquire sufficient note vocabulary, additional scales should be added to the daily practice routine. In some instances scales are modified. Modified scales should be eliminated as students develop the skill to perform the normal ascending-descending scale.

For notes that you are not sure of, refer to the slide position chart on page 37.



Scales continued



Chromatic Scale Study

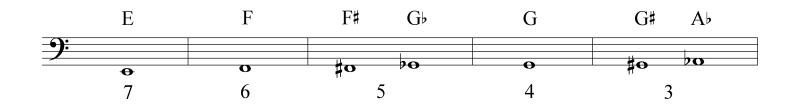
Your teacher will let you know when it is time to include chromatic scale practice on a daily basis. You will not be expected to play all of the notes below. You should work on fragments of the scale. Gradually you will increase your chromatic range and memorize the entire scale.

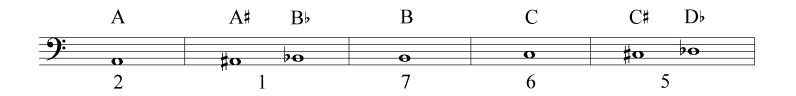


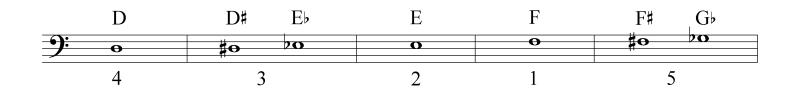
Vocabulary

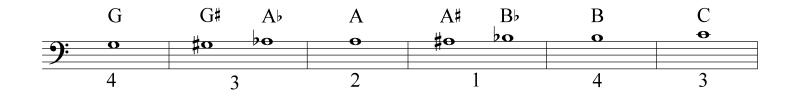
Accelerando getting faster emphasize > Accent slow (between *Largo* and *Andante*) Adagio slightly slower than Allegro Allegretto fast Allegro medium slow Andante slightly faster than Andante Andantino return to the normal speed A Tempo the ending section of a composition **⊕** Coda gradually increase volume Crescendo (cresc.) repeat to the beginning Da Capo (D.C.) Dal Segno (D.S.) repeat to the sign **%** - Diminuendo (dim.) gradually decrease volume **←** Fermata hold longer than written Fine the end Forte - f loud Fortissimo - ff very loud Larghetto slightly faster than Largo Largo very slow Legato a smooth style, connected tones Lento slow Meno Mosso less motion (a little slower) Mezzo Forte - mf medium loud Mezzo Piano - mp medium soft Moderato moderately Pianissimo - pp very soft Piano - p soft Poco a Poco little by little Rallentando (rall.) hold back (slow down gradually) Presto very fast Ritardando (rit.) slow down gradually Simile continue in a similar style Slur to connect notes of different pitches without stopping the sound . Staccato play the note short and detached Tenuto hold the note for its full value Tie to connect notes of the same pitch without stopping the sound Vivace fast, lively Vivo very fast (lively)

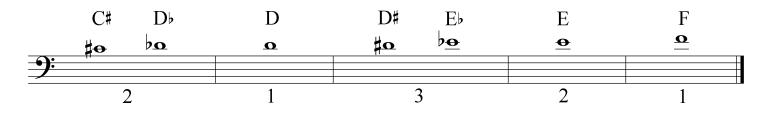
TROMBONE NOTES AND SLIDE POSITIONS











Some notes on the trombone have more than one possible slide position. Your teacher will show you the alternate slide positions when they are necessary.

ABOUT PAUL EFFMAN

Clarinetist and music educator, Paul Effman received his undergraduate degree from Queens College, City University of New York, and his Masters of Fine Arts degree from Long Island University. His teachers included such notables as Dr. Marc Donnelly (clarinet), Professor Josef Marx (double reeds), Alvin West (saxophone), and Lee Konitz (jazz saxophone).

Mr. Effman has performed throughout the tri-state area. He was the founder and soprano saxophone player for the Long Island Saxophone Quartet. A notable performance in 2005 featured Mr. Effman as a clarinet soloist at Lincoln Center with the Asian Youth Orchestra.

In addition to being a performer, Mr. Effman has had over thirty-five years experience as an educator. His faculty positions include Instructor of Saxophone at the University of South Florida and Instructor of Clarinet and Saxophone at C.W. Post College. He was the Chairman of Music at Tampa Catholic High School in Tampa, Florida and Co-Chairman of Fine Arts at H. Frank Carey High School in Franklin Square, New York. He presently conducts the annual Catholic School Honor Band at St. Anthony H.S. in Huntington, N.Y. This festival includes over 700 musicians from over 50 Catholic schools in Long Island, New York.

In 1971 the majority of private and parochial schools did not offer instrumental music. Paul Effman started a band program at St. Hyacinth School in Glen Head, New York. In 1980 he founded the Paul Effman School Music Service. His service provides instrumental music, recorder programs, and band instruments to schools throughout the East Coast. Today, with a staff of over one hundred educators, Mr. Effman has filled the musical void that was prevalent in private education. As a result of his mission, countless parents, students, and educators now know that music is an integral part of an overall curriculum.